



Father,  
into Your  
hands I commend  
my spirit..

-Luke 23:46

## *Our Lady of the Assumption Church*

35 Old Eagle School Road  
Strafford, PA 19087

### *OLA 2019 LENTEN SCHEDULE*

#### PRAYER FOR LENT

Loving God,

As the season of Lent unfolds, you call us to return again and again.

As you invite us to reflect on your love made visible in the person of Jesus, align our lives more closely with you through prayer, fasting and generous giving.

Bless our desire to accompany Jesus' suffering here and now in the crucified people of our world.

With your grace, may we live Lent fully and move with transformed hearts into the abundant life of Easter morning.

Amen.

# ***Our Lady of the Assumption Church***

35 Old Eagle School Road

Strafford, PA 19087

610 - 688 - 1178

[www.olastrafford.org](http://www.olastrafford.org)

## ***OLA 2019 LENTEN SCHEDULE***

### **Ash Wednesday, March 6<sup>th</sup>**

Distribution of Ashes after the homily during Mass:

6:30 AM, 8:00 AM, 12:05 PM & 7:00 PM

### **Daily Lenten Mass Schedule**

Monday – Friday: 6:30 AM, 8:00 AM and 12:05 PM in Church

### **Stations of the Cross**

Friday Evenings at 7:00 PM in Church

*(March 8, 15, 22, 29 & April 5, 12)*

### **Confessions**

Tuesdays: 7:00 to 8:00 PM in Church

*(March 12, 19 & April 2, 16)*

Saturdays: 3:30 to 4:30 PM in Church

At the Parish Office by appointment: 610-688-1178

### **First Penance**

Tuesday, *March 26<sup>th</sup>* at 7:00 PM

### **Joint Lenten Penance Service**

Wednesday, *April 10<sup>th</sup>* at 7:00 PM

at St. Katharine of Siena Church

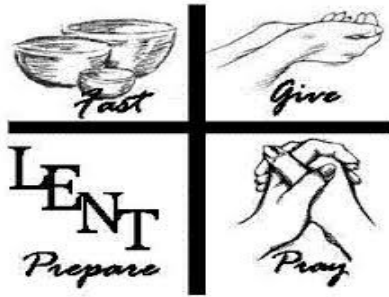
### **Adult Faith Formation**

An Evening of Reflection on the practice of

Lectio Divina during Passion time in Lent

with Fr. Christopher R. Cooke on

*Thursday, April 11<sup>th</sup>* from 7:00 PM – 9:00 PM in Sacred Heart Chapel.



## **Palm Weaving with Rick West**

*Saturday, April 6<sup>th</sup> from 10 AM – 2 PM*

& *Wednesday, April 10<sup>th</sup> from 6 PM – 9 PM in Assumption Hall*

## **Palm Sunday, April 14<sup>th</sup>**

Blessing of the Palms & Procession in Piazza (*weather permitting*)

Saturday, *April 13<sup>th</sup> – 5:00 PM Vigil Mass*

Sunday, *April 14<sup>th</sup> – 7:00 AM, 8:30 AM, 10:00 AM, 11:30 AM*

## **Holy Thursday, April 18<sup>th</sup>**

No Morning Mass and No Morning Prayer

Mass of the Lord's Supper at 7:30 PM

Adoration of the Blessed Sacrament 9:00 PM – 10:30 PM

Night Prayer at 10:30 PM

## **Good Friday, April 19<sup>th</sup>**

Morning Prayer & Office of Readings at 9:00 AM

Celebration of the Passion of the Lord with

Veneration of the Cross & Holy Communion at 3:00 PM

## **Holy Saturday, April 20<sup>th</sup>**

Morning Prayer & Office of Readings at 9:00 AM

Confessions from 3:30 PM – 4:30 PM

Easter Vigil at 8:00 PM

Blessing of the New Fire & Easter Candle in Piazza  
(*weather permitting*)

## **Easter Sunday, April 21<sup>st</sup>**

Easter Masses: 7:00 AM, 8:30 AM, 10:00 AM, 11:30 AM

## LENTEN DIRECTIVES - 2019

### Weekdays of Lent:

There is no specific obligation to fast. Voluntary acts of self-denial are to be chosen by each person.

### Ash Wednesday and Good Friday:

Days of ***Fast and Abstinence from meat***: One full meal without meat for all between the ages of 18 and 59 inclusive.

### All Fridays in Lent: Days of Abstinence

All who have reached their 14<sup>th</sup> year are bound to abstain completely from meat.

### Easter Duty Obligation:

After they have received their First Holy Communion, Catholics are bound by obligation to receive Holy Communion at least once a year. This precept should be fulfilled during the Easter Season. Catholics are also bound to confess serious (mortal) sins at least once a year, but this is not limited to the Lenten/Easter season.

Lent is the foremost penitential season of the Church. It begins on Ash Wednesday & ends with the Mass of the Lord's Supper on Holy Thursday. Lent has six Sundays. The sixth is called Passion or Palm Sunday & marks the beginning of Holy Week.

Within Holy Week is the Easter Triduum which begins with the evening Mass of the Lord's Supper on Holy Thursday. It commemorates the Lord's passion and death on Good Friday, and reaches its high point at the Easter Vigil and ends with evening Prayer on Easter Sunday. Then the joyful Easter Season of 50 days begins.

Traditionally the Lenten season is a time of penance throughout the Catholic Church. Lent is a season in which prayer, the reception of the sacraments, charity and almsgiving are emphasized. Fast and abstinence are to be observed on Ash Wednesday and Good Friday. All the Fridays of Lent are days of abstinence from meat.

