

## CELEBRATION of the SACRAMENT of RECONCILIATION

Priest and Young Person: In the name of the Father, and of the Son, and of the Holy Spirit **Amen.**

Young Person: **Bless me, Father, for I have sinned.**  
**This is my First Confession and these are my sins:**

**The young person tells their sins to the priest, who takes the place of Christ.** Be sure to include the number of times and the circumstances.

Young Person : **I am sorry for these and all my sins**

Priest: The priest gives advice and then a penance.

Priest: Now say the Act of Contrition

Young Person : **My God,  
I am sorry for my sins with all my heart,  
In choosing to do wrong  
and failing to do good,  
I have sinned against you  
whom I should love above all things.  
I firmly intend, with your help,  
to do penance, to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ  
suffered and died for us.  
in his name, my God, have mercy.  
Amen.**

Priest: I absolve you from these and all your sins, in the name of the Father and of the Son and of the Holy Spirit. **Amen.**

Priest: Give thanks to the Lord for He is good.

Young Person: **His mercy endures forever.**

Priest: Go in peace.

Young Person: **Thanks be to God! Thank you, Father!**