

Join Us for OLA's Lenten Evening of Reflection and Soup Dinner



Spiritual Cardiology: Psalm 51's Check-Up on the Heart

Presented by
Sister J. Sheila Galligan, IHM

Lent is a time to examine the landscape and the geography of our hearts. A trip to the Spiritual Cardiologist through the lens of Psalm 51 is just the "medicine" we need to take our spiritual pulse.

Wednesday Evening March 29th in Assumption Hall
Doors Open at 6:30 p.m.



We are happy to welcome Sister J. Sheila Galligan, IHM, as speaker and discussion leader for our Lenten Reflection on Psalm 51. She is a professor emerita in the Department of Theology at Immaculata University and a gifted and engaging speaker. She completed her Masters at St Charles Seminary, Overbrook, PA and received her doctorate at the University of St. Thomas (Angelicum), Rome with a focus on the writings of C. S. Lewis. Sister Sheila has taught both primary and secondary levels, publishes articles in various religious and educational journals and she is actively engaged in promoting respect for life.

Registration is not required but is appreciated for planning and setup. Please register below and drop it in the collection basket or mail to parish office. You can also register on line at <https://www.olastrafford.org/wwp/>.

Please consider bringing a free will donation of canned/dry foods to help replenish OLA's Outreach food pantry serving those in need in our parish and community.

Name:	Number Attending:
Email:	Phone Number:

Everyone is Welcome to Attend!

Hosted by OLA's Walking with Purpose Bible Study Group



**Questions: please contact
Patty Donato at (610)585-9656 or call the
Parish Office**